

RECREATION/PHYSICAL ACTIVITIES SCHEDULE

For

MOUNT SAINT VINCENT UNIVERSITY

1979/80

The University Archives

Activity	Who	Where	Day	Time	First Meeting
Alpine Skiing (downhill)	Co-Ed	Rosaria Lounge	Weekends	5-6	Oct. 15
Badminton (Faculty & Staff)	Co-Ed	Gym	T.&Th.	12-1	Sept. 25
Badminton (Recreational)	Co-Ed	Gym	Fri.	5-7	Sept. 21
Basketball (Recreational)	Ladies	Gym	Sat. p.m	1-4	Sept. 22
Basketball (Recreational)	Men	Gym	Sun.	3:30-6	Sept. 23
Bowling	Co-Ed	Rosaria Lounge	T.B.A.	12-1	Sept. 26
Cross-Country Skiing	Co-Ed	Rosaria Lounge	Weekends	5-6	Oct. 15
Curling	Co-Ed	Rosaria Lounge	T.B.A.	12-1	Sept. 26
Dance (Social & Disco)	Co-Ed	Gym	Tues.	7-8	Sept. 25
(Modern Dance)	Co-Ed	Gym	T.B.A.	T.B.A.	T.B.A.
(African)	Co-Ed	Gym	T.B.A.	T.B.A.	Aft. Xmas
Fitness Classes (Afternoon)	Co-Ed	Gym	M.W.F.	12:15-1:45	Sept. 24
(Evening)	Co-Ed	Gym	M.T.Th.	4-5	Sept. 24
House League Intramurals (Check Bulletin Board)	Co-Ed	Gym	Tues. Sun.	5-7 6-9	Sept. 15
Ice Hockey	Men	Rosaria Lounge	T.B.A.	12-1	Sept. 28
Jogging Clubs (Morning)	Co-Ed	Rosaria Lounge	T.B.A.	12-1	Sept. 24
(Afternoon)	Co-Ed	Rosaria Lounge	T.B.A.	12-1	Sept. 24
Kenpo	Co-Ed	Gym	Wed. Sat.	5:30-7 11:30-1	Sept. 26
Field Hockey	Women	Gym	Thurs.	4:00	Sept. 12
Floor Hockey	Women	Rosaria Lounge	Sat.	5-4	Sept. 26
Golf	Men	Rosaria Lounge	Mon.	1:00	Sept. 17
Gymnastics	Co-Ed	Rosaria Lounge	T.B.A.	4-5	Sept. 26
Netball	Women	Gym	Sun.	2-3:30	Sept. 23
Ping-Pong	Co-Ed	Assisi Lounge - Second Floor Vincent Hall - Lounge			Anytime
Racquetball	Co-Ed	Rosaria Lounge	T.B.A.	4-5	Sept. 17
Squash	Co-Ed	Rosaria Lounge	T.B.A.	4-5	Sept. 17
Swimming	Co-Ed	Rosaria Lounge	Wed.	4:00	Sept. 19
Tennis	Co-Ed	Rosaria lounge	Mon.	6:00	Sept. 17
Team Sports (Field Hockey Team) (Tennis Team & Club) (Volleyball Team) (Basketball Team) (Badminton Team & Club)	Women Co-Ed Women Women Co-Ed	Gym Rosaria lounge Gym Gym Gym	Thurs. Mon. Tues. Thurs. Mon.	4:00 6:00 5-7 5:00 8-10:00	Sept. 13 Sept. 17 Sept. 18 Sept. 27 Sept. 24
Volleyball (Recreational)	Co-Ed	Gym	Mon.	5-6	Sept. 24
Yoga	Co-Ed	Gym	T.B.A.	T.B.A.	T.B.A.
Skin & Scuba Diving	Co-Ed	Rosaria Lounge	Wed.	4:00	Sept. 19
Riding	Co-Ed	Rosaria Lounge	Thurs.	1:00	Sept. 20

Mrs. Mary Mackenzie
Archives
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